



Indero n'ubumenyi vyo gukingira abana

Ivyo abavyeyi n'abarezi bakwiye kumenya

Izina ry'ishuri

Name of school

Imyaka bagezemwo

Participating Year/s

Igitigiri c'ivyigwa biga mw'iyinga

Number of lessons per week

Umutu wo kw'ishuri bashobora kuvugana

School contact person

Telephone z'uwo muntu

Contact telephone number

Banyakwubahwa bavyeyi n'abarezi

Uyu mwaka abanyeshuri bo mu myaka yerekanywe aho hejuru bazogira uruhara mu cirwa ntahara citwa ugutera imbere ku giti c'umuntu, amagara hamwe n'imyimenyerezo yo ku mubiri (Personal Development, Health and Physical Education (PDHPE)).

Bimwe mu bigize gahunda y'ishuri ryacu muri PDHPE harimwo icirwa ntahara citwa ugutera imbere ku giti c'umuntu, amagara hamwe n'imyimenyerezo yo ku mubiri. Bimwe mu bigize ivyigishwa mu ndero n'ubumenyi vyo gukingira abana harimwo ibintu bihambaye. Ishuri rizokwigisha ivyo bintu mu buryo abana b'yo myaka babitahura.

Ivyo bintu kanaka bidasanze bizokwigishwa mu ndero y'ubumenyi vy'ugukingira abana birerekana ku rukaratasi rukurikira.

Ku zindi nkuru zirengeye izi ku vyerekanye n'indero n'ubumenyi vy'ugukingira abana ja kuri [Child protection and respectful relationships education](#) (indero n'ubumenyi vy'ugukingira abana n'imigenderanire yubashwe) ikigabane c'igisata c'indero ku buhinga ngurukanabumenyi bwa PDHPE.

Igitigiri c'ivyigwa kw'iyinga muri iki giceaho indero n'ubumenyi vyo gukingira abana bizigishwa cerekanywe aho hejuru.

Nimba ukeneye izindi nkuru zirengeye izi, usabwe kurondera umuntu bacako kuri iyo shuri, amazina yiwe n'inomero ziwe vyerekanywe aho hejuru.

Ibikorwa vyo gusobanura mu zindi ndimi

Nimba ukeneye umusobanuzi wo kugufasha gushikira ishuri, usabwe guhamagara kuri telefone y'ibikorwa vyo gusobanura kuri 13 14 50 kandi uce usaba umusobanuzi mu rurimi rwawe. Uwuri ku mashini azoca ahamagara kw'ishuri maze ahabwe umusobanuzi ku murongo kugira ngo agufashe muri ico kiganiro. Ntuzorihishwa amahera kuri ivyo bikorwa vy'uwagusobanuriye.

Uwanyu

Umuyobozi (Principal)

Mu bigize ibizokwigwa mu ndero n'ubumenyi vyo gukingira abana harimwo:

The content which will be covered in child protection education includes:

(Staff to tick the relevant boxes below for Stage 5 content.)

Ibimenyerewe, imico, ibipfa kwemerwa bitagira aho bishingiye,
n'ivyitezwe mu bijanye n'ibigize umuntu

Norms, stereotypes and expectations in relation to identity

Guha agaciro ubutandukane, ubudasa hamwe n'ukwemerana

Valuing diversity and inclusivity

Gushiraho imigenderanire y'ukungana n'ukwubahana

Developing equal and respectful relationships

Gusuzuma ingeso, ingendo, n'ibihe vyiza canke bibi bishobora guteza ibibazo

Assessing behaviours and situations as safe or unsafe

Gukoresha ububasha neza canke nabi mu migenderanire

Positive and negative power in relationships

Agasuzuguro n'ukutitaho

Abuse and neglect

Kumenya no gutahura uko wifata mu bihe vy'agazuzuguro

Recognising and responding to abusive situations

Igitsina no gukoresha igikenye

Gender and violence

Ugukumirwa, ukurenganywa, no kubwirwa ko ata co umaze

Discrimination, harassment and vilification

Uburyo bwo kwifata mu gihe habayeho ibihe vyo kurenganywa, gutukwa no
gukoresha inguvu mu migenderanire

Strategies to manage unsafe, abusive and violent situations in relationships

Kuganira, gukoresha abo muzinanyi hamwe no gusaba gufashwa

Communication, connections and asking for help

Ivyo umuntu ahitamwo mu mibonano mpuzabitsina n'akamaro ko kubanza
kuvyemezanya no kuvyumvikanako

Sexual choices and the importance of consent

Accessing networks and services for advice and support

Accessing networks and services for advice and support