



Education

## Road safety education Secondary school Enewsletter 2020 Semester 2



**Welcome to the new world of virtual professional learning...well, for the time being anyway!**

In response to social distancing we have rapidly redesigned our professional learning to virtual delivery and the results have been fantastic! So much so that even we've been surprised at how well it's worked and even better, how well it's been received by teachers across the state. Here's how two workshops have gone.

**Workshop 1:** 10 teachers from six high schools in and around Moss Vale decided they couldn't wait for Covid 19 to be gone, so chose to participate in a virtually delivered Local schools: Road safety in PDHPE 7-10 (day 2) workshop and here's some of what they said:

- *A useful day with relevant material and resources*
- *There was an abundance of suitable material relevant for our students and environment*
- *All resources will be shared with my PDHPE colleagues to utilise in our programs*

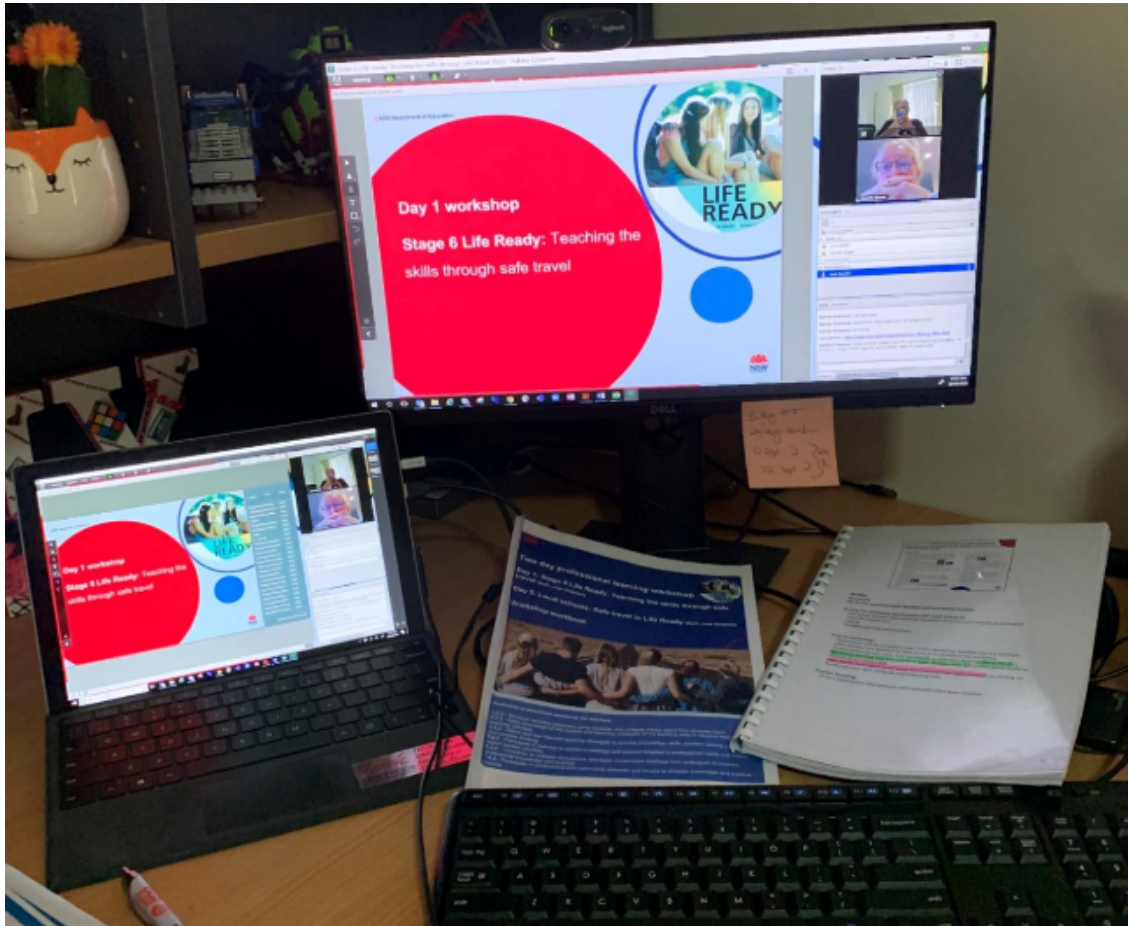
Find out [more](#) how teachers worked together

**Workshop 2:** teachers across the state embarked on this new virtual way of learning to participate in the Stage 6 Life Ready: Teaching the skills through safe travel workshop and again, the results speak for themselves, so say teachers from:

- *Tottenham CS: the PL was delivered very effectively using Adobe Connect*

- Cabramatta HS: *thanks for putting so much effort and time into helping us!*
- Nimbin CS: *this was a really worthwhile and supportive professional learning opportunity which I hope to be able to share with the school to improve student learning.*

[Read more](#) about this workshop, and then jump on board by [registering to attend](#), if you've not already been to this workshop.



## Albury High School does things differently

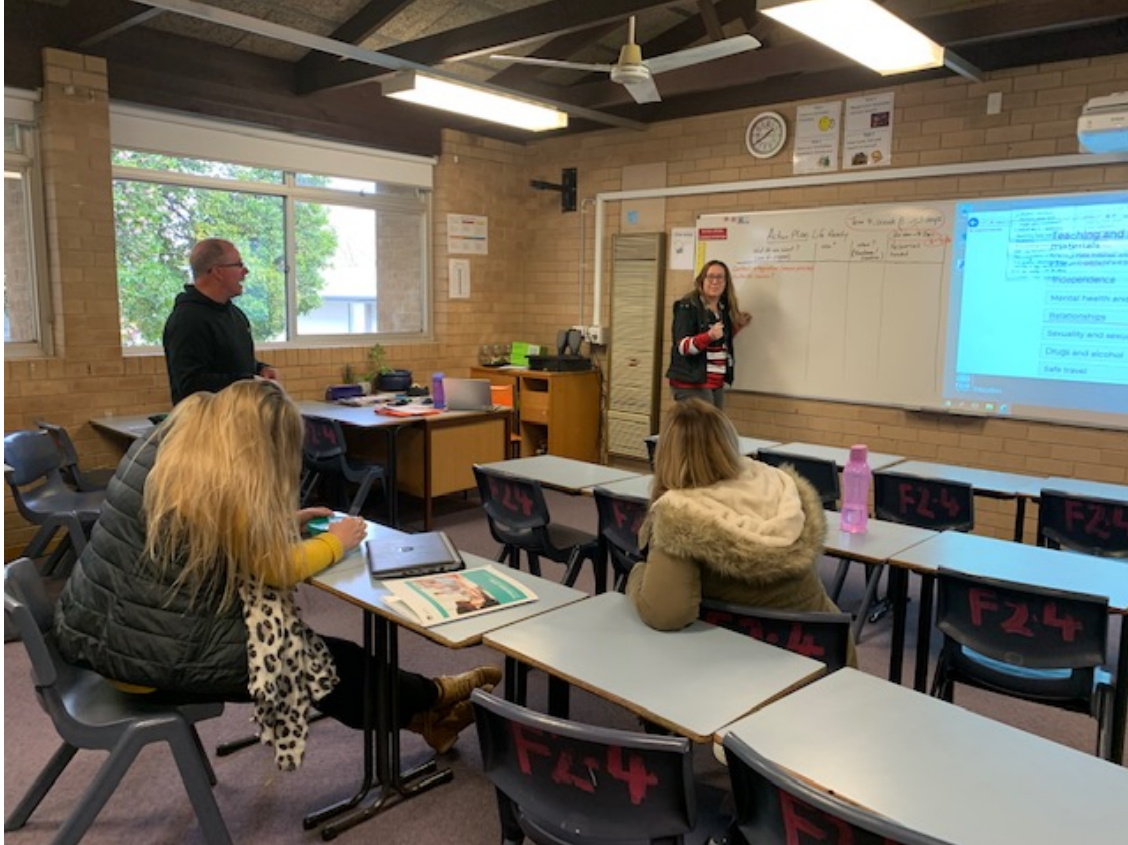
The Stage 6 Life Ready: Teaching the skills through safe travel workshop is usually a whole day face to face or virtual professional learning event with teachers from a number schools attending.

But Albury High School wanted it done their way, with 11 teachers in tow!

Rather than only have one or two teachers attend for a full day they used three consecutive sport afternoons to complete the workshop. And as no teacher relief was needed they were able to get their full Life Ready committee to attend.

To maintain social distancing the workshop was run in their large staff room, by Jenny Brown, the local Road Safety Education Officer. The break in between each session gave teachers additional time to process their learning in relation to their school needs.


Find out how our Road Safety Education Officer supported their school. [Read more.](#)



## Secondary road safety teaching resources

New Stage 5 and 6 [sample teaching and learning activities](#) for PDHPE K-10, Stage 6 PDHPE HSC, English HSC and Life Ready courses are now on the road safety education secondary webpage for you to modify to meet the needs of your students.

## On the move, Secondary School road safety education online resources

[On the move](#)  has the current versions of Transport for NSW's road safety education resources.

These include:

- Road risks: Your choice (Stage 4)
- Play it Safe (Stage 5)
- Shifting gears (Stage 5)
- Limiting risks: Protecting lives (Stage 5 and Life Ready)
- Cruise Control - English teaching resource (Stage 6)



### Life Ready

Life Ready aims to prepare and support students in Years 11 and 12 in NSW public schools as they encounter situations related to identity, independence and their changing responsibilities.

The learning and teaching activities provided are optional support materials for the implementation of Life Ready. Materials should be reviewed in full and supported by the Principal. Follow the [implementation](#) advice for Life Ready.

Teaching and learning resources are available to support the [Safe Travel](#) learning context.

- [Counting the cost](#) (DOCX 52KB)

- [Home safely](#) (DOCX 1,231 KB)

- [Reducing road user distraction](#) (DOCX 49,24KB)

- [Travelling safely locally and overseas](#) (DOCX 48,6KB)

- [Road user distractions](#) (DOCX 1,3MB)

Find out more by attending our [Life Ready Teaching the skills through safe travel](#) workshop.

### Sample teaching and learning activities

Sample road safety teaching and learning activities

#### Stage 5

[Get your hand off it road safety teaching and learning activity](#) (Word doc 1.6MB) is a sequence of four activities which students identify the:

- features of safety campaigns.
- need for a campaign in relation to mobile phone use as a road user
- target audience
- key messages for the community

Students work together collaboratively to develop a campaign that is targeted towards their local community and needs.

[First aid on the road](#) (word doc 74.1MB)

#### Stage 6 PDHPE HSC course

This resource assists teachers and students explore Transport for NSW's Towards Zero campaign and the Ottawa Charter.

[Towards Zero and the Ottawa Charter Powerpoint](#) (PPT 1,234 KB)

[Toward Zero and the Ottawa Charter Teacher notes](#) (PDF 603KB)

[Activity 3 - The Trends \(drag and drop activity\)](#) (PPT 2,338 KB)

## Making school drop off and pick up safer for students

Hornsby Shire Council's Road Safety Officer, Lesley Tipping, recently issued schools in her area these corflute signs, to help keep students safer as they enter and exit the school.

Lesley and her counterpart at Ryde City Council, Lisa Pears, had the signs produced as a visual reminder for drivers.

The signs assist drivers by clearly identifying the kiss and drop zone and reminding them of the rules and expected behaviours.

If you think your school could benefit from this initiative contact your council's Road Safety Officer or else email Lesley at [ltipping@hornsby.nsw.gov.au](mailto:ltipping@hornsby.nsw.gov.au) for more information.



### Transition to high school: year 7 orientation

It's all going to be a bit different this year in how you communicate with students starting high school next year?

To assist you work with your feeder schools here's some sample ideas to help your next intake of year 7 students safely travel to their new school site:

- have current year 7 students create a video for year 6 students about how they found travelling to a new site-what worked, what didn't work, how they felt, what they'd do differently if they had their time over again.
- work with your feeder school colleagues in designing PDHPE safe travel teaching and learning activities. Then with your own colleagues, design how you'll value add to this learning when the new year 7 cohort start.
- liaise with feeder schools to develop a co-designed brochure like the one shown below. Print and include in orientation packs, or upload to your school website, share on social media, display as posters around feeder schools and your school.

### Bikes, scooters and skateboards

Bikes, scooters and skateboards are a great way for young people in high school to keep active.

Wear a correctly fitted helmet, it's the law. In NSW there are no exceptions.

Bikes must have a working brake and a bell.

Use shared pedestrian/bike paths if available.

Children under 16 years old are permitted to ride a bike on the footpath.

Ride away from busy roads to get to and from school.



### Safety on public transport

Everyone who uses public transport has rights and responsibilities.

When travelling on public transport:

- stand well away from the **steps** or edge of the platform when waiting or train
- mind the gap when boarding a bus or train
- stand clear of all doorways and keep all parts of your body inside the bus, train or light rail
- wait** till the bus, train or light rail has fully stopped before you get off.



Responsibilities as a passenger are to:

- be courteous and respectful to others
- offer to give up your seat to others who need it
- be mindful of others, sit and speak quietly.

## SAFE TRAVEL TO HIGH SCHOOL

School NAME



INSERT NAMES OF HIGH SCHOOL & SCHOOL ZONE



### Starting high school safely

Starting high school can mean lots of exciting changes like becoming an independent traveller.



Being independent means being responsible for:

- managing your own safety as well as looking out for others
- focusing on what's happening around you
- managing your time so you are not rushing and making unsafe decisions
- removing your earphones and putting your phone away when crossing the road
- practising** how to use a timetable and public transport, if it's new to you.

### Walking to school safely

Plan and **practise** walking routes.

Identify safe places to cross the road.

Look out before you step out - remember to **Stop! Look! Listen! Think!** **go** as you cross the road.

Use crossings and footpaths, where possible.

Take your earphones out while walking. If no footpath is available, face oncoming traffic and walk as far away from the edge of the road as possible.

Watch out for vehicles entering or leaving driveways, and for cars reversing in car parks.

Avoid heavy traffic areas, if possible.



### How can parents and carers help?

Encourage your child to leave plenty of time to get to school, so there is no need to rush.

Remind them to put their devices away to limit distractions and keep them alert to dangers in the traffic environment.



Discuss with your child:

- what to do when they're running late, miss the bus or train, lose their travel pass, feel unsafe travelling to and from school, or it's wet weather
- practise** a few excuses they could use if encouraged by others to act unsafely, e.g. 'I'm not going to do that, if my parents found out I'd be grounded.'

## Reporting local issues is now a snap!

[Snap Send Solve](#) is a free app to alert local authorities about issues such as illegal rubbish dumping, graffiti, vandalism, road safety issues, and so on.

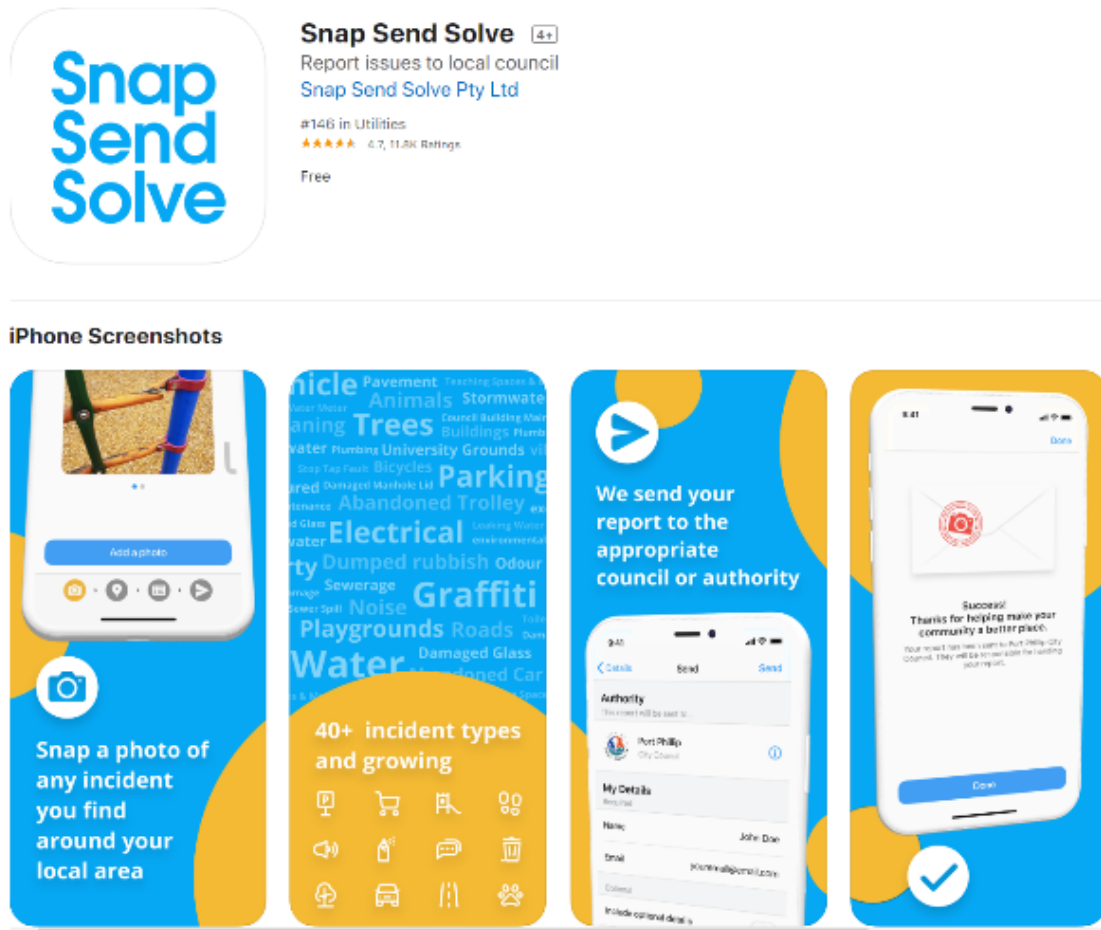
It's an easy and efficient way for you to notify local council about concerns identified around your school, e.g. missing street signage, faded road markings, trees blocking signs, damaged footpaths or roads, street lights not working, dangerous driver behaviours, illegal parking of vehicles, traffic congestion, construction impacting student safety as they travel to/from school.

Snap a photo and send it via the app. The image and location details are forwarded to the relevant council and lodged for them to follow up on. The time frame for them responding varies however this is a very simple way for councils to be made aware of road safety issues they may not know about in your local area.

From a department perspective documenting and notifying relevant authorities is an important step in managing a school's duty of care for student safety onsite and in the school zone.

Find out more about [Snap Send Solve](#) to help make your school community a safer place for all.

And for more information on school duty of care and safe student travel please contact your local [Road Safety Education Officer](#).



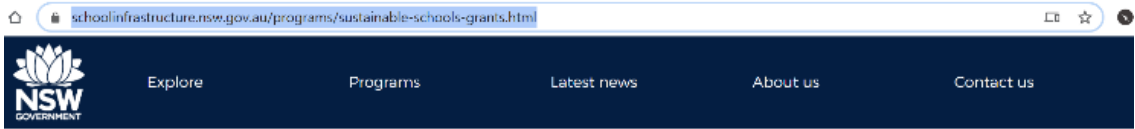
## Sustainable school grants

The department's School Infrastructure division encourages schools to be as sustainable as possible.

To encourage positive changes in this area they're offering grants and this year the application process opens on Monday 2 November and closes Friday 27 November 2020.

One aspect that definitely fits in this space is encouraging students be active travellers to and from school by walking, riding or taking public transport. There's many researched and documented benefits of safe active travel so why not put this idea to your school leadership team for consideration.

Get more information from the department's [sustainable school grants](#) webpage.



## Sustainable Schools Grants



**Video:** Watch students at Erskine Park High School conduct a waste audit to improve their school's waste management practices.

Overview

Grants recipients

Frequently asked questions

### We're empowering students and schools to make their learning environments more sustainable.

School Infrastructure NSW's Sustainable Schools Grants is a four-year, \$10 million dollar program that gives schools the opportunity to develop innovative hands-on projects that help students learn about environmentally sustainable practices and take real steps to enhance the sustainability of their school environment.

All NSW public schools and preschools are eligible to apply for funding up to \$15,000, to deliver hands on, sustainability focused projects that link to the NSW curriculum.

### Further help or advice

#### Road safety education advice and support

Contact details for your local [Road Safety Education Officer](#)

Visit our department's [Road Safety Education webpages](#)

#### Join us on:

Facebook – [Road safety education – NSW Department of Education](#)

Yammer – [Road safety education group](#)

#### PDHPE 7-12 or Life Ready advice and support

Renee West

PDHPE Advisor 7-12

[renee.west@det.nsw.edu.au](mailto:renee.west@det.nsw.edu.au)

Kate Rayner

PDHPE 7-12 Curriculum Support Project Advisor

[kate.brown@det.nsw.edu.au](mailto:kate.brown@det.nsw.edu.au)

Or visit the department's [PDHPE curriculum webpages](#)

We acknowledge the homelands of all Aboriginal people and pay our respect to Country.



