

## Guides to maintenance of wheeled devices

<b>A guide to foot scooter maintenance</b>		
<b>Feature</b>	<b>What are you checking for?</b>	<b>Maintained</b>
Wheels	<ul style="list-style-type: none"> <li>firm, round wheels</li> <li>no bulges, cuts or flat spots</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Nuts and bolts	<ul style="list-style-type: none"> <li>tight wheel bolts (scooter will not go faster if wheel bolts are loose. Wheels can fall off.)</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Alignment	<ul style="list-style-type: none"> <li>front wheel is straight and in line with steering column</li> <li>clamp on steering column is tight</li> <li>quick release lever is tight</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Brakes	<ul style="list-style-type: none"> <li>brake engages with rear wheel when pressure is applied</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Size of scooter	<ul style="list-style-type: none"> <li>correct size for rider</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs adjusting and/or replacing

<b>A guide to skateboard maintenance</b>		
<b>Feature</b>	<b>What are you checking for?</b>	<b>Maintained</b>
Wheels	<ul style="list-style-type: none"> <li>firm, round wheels with even wear</li> <li>no bulges, cuts or flat spots</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Nuts and bolts	<ul style="list-style-type: none"> <li>tight nuts and bolts (skateboard will not go faster if wheel nuts are loose. Wheels can fall off)</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Bearings	<ul style="list-style-type: none"> <li>clean and lubricated</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Deck	<ul style="list-style-type: none"> <li>clean deck</li> <li>grip tape intact and effective</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing

<b>A guide to rollerblades maintenance</b>		
<b>Feature</b>	<b>What are you checking for?</b>	<b>Maintained</b>
Wheels	<ul style="list-style-type: none"> <li>firm, round wheels with even wear</li> <li>no bulges, cuts or flat spots</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Nuts and bolts	<ul style="list-style-type: none"> <li>tight wheel bolts (rollerblades will not go faster if wheel bolts are loose. Wheels can fall off)</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Bearings	<ul style="list-style-type: none"> <li>clean and lubricated</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Brakes	<ul style="list-style-type: none"> <li>brake pad not too low to the ground</li> <li>brake pad is not worn below wear line/screw which attaches brake pad to rollerskate</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing
Skates	<ul style="list-style-type: none"> <li>laces, buckles, velcro and clasps are intact, not stretched or broken</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> Needs fixing