# PDHPE outcome mapping grid – Stage 1 (blank)

Summary of outcomes coverage:

* PD1-1 – Describes the qualities and characteristics that make them similar and different to others
* PD1-2 – Recognises and describes strategies people can use to feel comfortable, resilient and safe in situations
* PD1-3 – Recognises and describes the qualities that enhance inclusive and respectful relationships
* PD1-4 – Performs movement skills in a variety of sequences and situations
* PD1-5 – Proposes a range of alternatives to solve movement challenges through participation in a range of activities
* PD1-6 – Understands contextual factors that influence themselves and others health, safety, wellbeing and participation in physical activity
* PD1-7 – Explores actions that help make home and school healthy, safe and physically active spaces
* PD1-8 – Participates in a range of opportunities that promote physical activity
* PD1-9 – Demonstrates self-management skills in taking responsibility for their own actions
* PD1-10 – Describes and practises interpersonal skills to promote inclusion to make themselves and others feel they belong
* PD1-11 – Incorporates elements of space, time, objects, effort and people in creating and performing simple movement sequences

## Stage 1 – Even year

Schools may deliver units of learning that vary in duration to meet the needs of their students.

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Stage unit | PD1-1 | PD1-2 | PD1-3 | PD1-4 | PD1-5 | PD1-6 | PD1-7 | PD1-8 | PD1-9 | PD1-10 | PD1-11 |
| Unit 1 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 2 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 3 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 4 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 5 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 6 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 7 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 8 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 9 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 10 |  |  |  |  |  |  |  |  |  |  |  |

## Stage 1 – Odd year

Schools may deliver units of learning that vary in duration to meet the needs of their students.

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Stage unit | PD1-1 | PD1-2 | PD1-3 | PD1-4 | PD1-5 | PD1-6 | PD1-7 | PD1-8 | PD1-9 | PD1-10 | PD1-11 |
| Unit 1 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 2 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 3 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 4 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 5 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 6 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 7 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 8 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 9 |  |  |  |  |  |  |  |  |  |  |  |
| Unit 10 |  |  |  |  |  |  |  |  |  |  |  |

[**PDHPE K-10 Syllabus**](http://www.educationstandards.nsw.edu.au/wps/wcm/connect/2f657694-dc52-48ba-a440-9256e92c00e3/pdhpe-k-10-syllabus-2018-pdf.pdf?MOD=AJPERES&CVID=)© 2018 NSW Education Standards Authority (NESA) for and on behalf of the Crown in right of the State of New South Wales