

PDHPE K-10 Syllabus Propositions

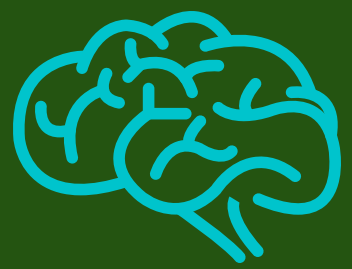
Focus on Educative Purposes



Focuses on explicit learning driven by the syllabus outcomes and content. Students will make meaning of the knowledge, understanding and skills and apply these to live healthy, safe and active lives.

Strengths Based Approach

Affirms that most students are healthy, safe, active and well and bring with them strengths, capacities and resources. Focus on what keeps us healthy, safe, well and physically active throughout life.



Critical Inquiry Approach



Recognises the contextual factors that influence people's attitudes, decisions and actions and encourages students to challenge, question and interrogate PDHPE related content and health information.

Value Movement

PDHPE focuses on the value of movement, physical activity, physical literacy, and physical education to build knowledge, understanding and skills for a lifetime of physical activity.



Develop Health Literacy



Enhances student's ability to gain access to, understand, and use health information and services to promote and maintain health, safety, wellbeing and participation in physical activity.

These five propositions are interrelated and guide teaching, learning and assessment. They should guide teachers in their pedagogy and be authentically embedded across the content strands.

