THOMAS REDDALL HIGH SCHOOL PDHPE UNIT PLAN

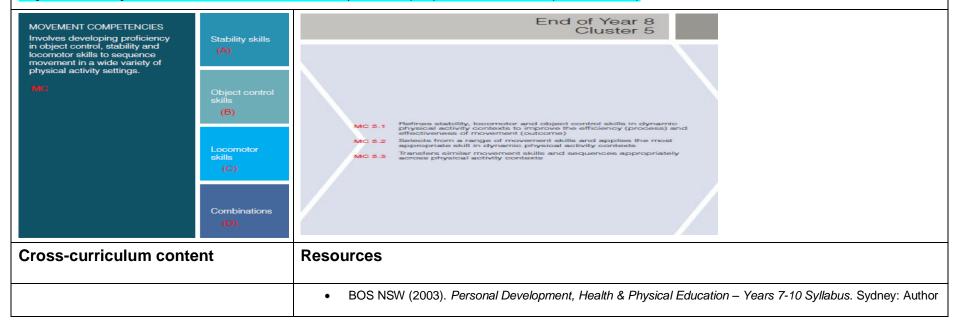
Unit Title: Netball		Unit Length: 6 x 50 minute practical lessons			Year: 8 – Term 2		
Syllabus Outcomes			Skills tha	in PDHPE			
4.4	demonstrates and refines movement skills in a range of contexts and environments.			engages successfully in a wide range of movement situations t displays an understanding of how and why people move (Movin			
4.5	combines the features and elements of movement composition to perform in a range of contexts and environments						

Evidence of Learning (What students will know, understand, be able to do)

By the end of this unit, students will be able to:

- practise and refine fundamental and specialised movement skills in predictable and dynamic learning environments
- participate in a variety of movement activities to demonstrate and enhance body control, body awareness, object manipulation, anticipation and
- participate in movement activities that demonstrate and reinforce the transfer of skills across different movement contexts
- participate safely in movement activities
- demonstrate movement skills through a range of experiences

Physical Literacy Continuum Focus: Movement Competencies (MC) Cluster 5 Markers (End of Year 8)



Learn About's	Learn To's	Teaching & Learning Strategies		Registration				
			8A	8B	9C	8	8E	
Types of movement skills	practise and refine fundamental and specialised movement skills in predictable and dynamic learning environments	Basic passing and catching (L2) MC 5.1, MC 5.2						
fundamentalspecialised		Partner passing and catching (L2) MC 5.1						
- locomotor and non-locomotor		Dizzy passing (L3) MC 5.1						
- manipulative		• Six catches (L4) MC 5.1, MC 5.2						
		Shoot and Rebound (L5) MC 5.1						
		• Full Sided Game (L5/6) MC 5.1, MC 5.2						
Aspects of movement skill	participate in a variety of movement activities to demonstrate and enhance body control, body awareness, object manipulation, anticipation and timing	Quick Hands (L2) MC 5.2						
developmentbody control and awareness		Lots of passing (L3) MC 5.1						
- object manipulation and control		Train tracks (L4) MC 5.1						
- anticipation and timing		Circle shoots (L5) MC 5.1, MC 5.2						
- technique		Full Sided Game (L5/6) MC 5.1, MC 5.2						
Influences on skill development and performance	participate in movement activities that demonstrate and reinforce the transfer of skills across different movement contexts participate safely in movement activities	Lots of passing (L3) MC 5.1						
- applying skills across contexts		Netball tag (L3) MC 5.1, MC5.2						
 predictable and dynamic environments 		• 3 on 3 (L4) MC 5.1 MC 5.2						
- importance of practice		Circle shoots (L5) MC 5.1, MC 5.2						
- safety		Full Sided Game (L5/6)						
Contexts for specialised movement skills	 demonstrate movement skills through a range of experiences including: games from categories such as target, striking/fielding, invasion and net/court 	Defining the Playing positions, roles and rules of Netball – Theoretical Concepts (L1)						
- Games		Putting Theory into Practice on the Netball court (L1)						
		Netball tag (L3) MC 5.1, MC5.2						
		• 3 on 3 (L4) MC 5.1 MC 5.2						
		Re-visit Playing Positions, Roles & Rules (L6)						
		Full Sided Game (L5/6) MC 5.1, MC 5.2						