 Resource 10

Plutchick’s Wheel of Emotions

Texts and Human Experience – Exploring Emotions



Read more about [Plutchik's wheel of emotion.](https://www.interaction-design.org/literature/article/putting-some-emotion-into-your-design-plutchik-s-wheel-of-emotions)

Activities

1. Using the chart, note each emotion you feel has been represented in the film.
2. Chart the shifting emotions on a timeline for one key character.
3. What are the emotions you felt as a responder to the narrative? Note when, during the course of the narrative, those emotions changed.
4. What narrative devices or film techniques are used by the composer to emotionally manipulate the responder at key points in the story?
5. How does this manipulation of emotion develop our overall response to the text?