

Accent

Rhythmic patterns

Stillness

Release of energy

Weight/ force

Qualities of movement

Sustained

Suspended

Collapsing

Swinging

Percussive

Vibratory

Change element of dance card

Change element of dance card

Change element of dance card

**Draw
two
cards**

**Draw
two
cards**

**Draw
two
cards**

Shape

Level

Dimension

Direction

General space

Performance space

Personal space

Planes

Pathways

Metre

Tempo

Phrasing