

Learning every day in every way through play

Groceries

Everyday routines

Learning activities while doing the groceries:

- Write the shopping list with your child – they might like to write their own list and then tick off the items once you buy them.
- Encourage your child to recall what food they ate yesterday and what you might have run out of.
- Encourage your child to read the labels on food items as you shop and compare that to their list.
- Discuss with your child how much the shopping cost and explore the concept of paying for things.
- When unpacking the groceries, ask your child to count how many apples or cans of food you bought. Sort the food into groups according to similarities. For example, what belongs in the fridge, what goes in the cupboard and what goes in the fruit bowl?

What children are learning:

- Literacy skills – writing and drawing symbols
- Recognising print
- Recall and memory
- Maths skills such as counting, sorting, comparing
- Understanding value of money
- Life skills