

Youth assistance

All young Australians deserve a safe, stable home. Young people require employment and further education guidance to assist them with the best possible start for a fulfilling career.

For links to help with health issues, safety issues, legal rights visit the [Youth NSW](#) website.

Homeless youth

- [Youth Off The Streets](#), phone 1800 062 288
- [Yfoundation](#), phone (02) 8306 7900
- [Salvation Army](#), phone 13 72 58
- [Barnardos Australia](#), phone 1800 066 757
- [Youth Solutions](#), phone (02) 4628 2319

Youth wellbeing

If you need to talk to someone:

- [Lifeline](#), 13 11 14
- [Beyond Blue](#), 1300 22 4636
- [Kids Helpline](#), 1800 55 1800
- [headspace](#), 1800 650 890
- [Black Dog Institute](#), (02) 9382 2991
- [MensLine](#), 1300 78 99 78
- [SISTER2sister](#), (02) 9211 9129
- [Suicide Call Back Service](#), 1300 659 467.

Department of Employment – support for youth

The Australian Government through the [Department of Employment](#) is delivering a range of initiatives to give young job seekers the employability skills and real work experience they need to get a job. The initiatives include:

- [Youth Jobs PaTH](#) which is a flexible program designed to prepare young people for work. It also encourages employers to trial a young person for a job by offering interns and financial incentives to reduce the cost of recruitment. Youth Jobs PaTH has three elements, Prepare – Trial – Hire.
- The [Encouraging Entrepreneurship and Self-Employment Initiative](#) to support young Australians who wish to start their own business.
- The youth [Transition to Work](#) program assists young people to get intensive pre-employment support to help them set and achieve their employment and education goals.
- [Empowering YOUth Initiatives](#) support new, innovative approaches to help long-term unemployed young people aged 15 to 24 years to improve their skills and move toward sustainable employment.
- [Engaging Early School Leavers](#) has been designed to strengthen the chances of early school leavers finding and keeping a job.
- [ParentsNext](#) helps eligible parents to plan and prepare for employment by the time their children are at school.
- [Job Jumpstart](#) has tips and ideas about jobs and careers in the one spot.

Income support for students and trainees

The Australian Government provides [financial support](#) to assist with costs while you finish school, undertake tertiary education, or undertake an Australian Apprenticeship or traineeship.

- [ABSTUDY](#) provides help with costs for Aboriginal and Torres Strait Islander Australians who are studying or undertaking an Australian Apprenticeship.
- [ABSTUDY Fares Allowance](#) helps cover the cost of travel between your permanent home and place of study if you need to live away from home to study and receive ABSTUDY.
- [Assistance for Isolated Children Scheme](#) helps parents and carers who mainly live in rural and remote areas with the extra costs of educating their children.
- [Austudy](#) provides financial help to full time students and Australian Apprentices 25 years or older.
- [Education Entry Payment](#) helps students or trainees who get specific income support payments to assist with the cost of study.
- [Fares Allowance](#) helps with travel costs between your permanent home and your place of tertiary study in Australia.
- [Jobs, Education and Training Child Care Fee Assistance](#) provides extra help with the cost of approved child care for eligible parents who are looking for work, studying, training or undertaking rehabilitation to enter or re-enter the workforce.

- [ParentsNext](#) connects you to local support services to help you plan for your future. It's important to think about your study and work goals for when your children are at school.
- [Pensioner Education Supplement](#) helps with the cost of study in an approved course if you get certain payments.
- [Relocation Scholarship](#) is a yearly payment to help students move to or from a regional or remote area to study. You must get ABSTUDY or Youth Allowance and be in full time higher education.
- [Rent Assistance](#) gives extra financial help to people who pay rent and receive an income support payment.
- [Student Start-up Loan](#)
Available for eligible new recipients of Youth Allowance, Austudy or ABSTUDY studying a Student Start-up Loan [approved course](#).
The loans are paid in two half-yearly instalments.
Repayment arrangements are the same as for HELP.
- [Youth Allowance](#) provides financial help for people 16 to 24 years of age who are studying full time, undertaking a full time Australian Apprenticeship, training, looking for work or sick.
- [Youth Disability Supplement](#) provides additional financial support to young people with a physical, intellectual or psychiatric disability who receive certain income support payments.
- [Australian Apprenticeships](#) information about resources and the support available.
- [Concession and health care cards](#) can get you cheaper health services and medicines.
- [Manage your money](#) is information about budgeting, borrowing and credit, and managing debt, to help manage your money.
- [Financial and health support for young people](#) provides information, payments and services if you are between 15 and 24 years of age and becoming independent.
- [Leaving school](#) is information to help you choose your next adventure if you're about to or have just finished school.