


# Restrictive practices resource map

## What do you want to learn about?



Contact relevant corporate areas for advice through the staff directory

### I want to understand the new policy settings

- [Restrictive Practices Framework, Policy and Planning procedures](#)
- [Easy Read Framework and Policy](#)
- [Restrictive Practices Framework QRG for School Leaders](#)
- [FAQs \(public and staff only\)](#)

### I want to access professional learning

- [Video: Introducing the RP Policy, Framework and Procedures](#)
- [MyPL: Restrictive Practices in NSW Public Schools and Government Preschools](#)
- [School facilitation packs and notes](#)

### I need to plan, modify or review infrastructure (environmental restraints)

- [Environmental Restraints Planning Procedures](#)
- [Environmental restraints self-assessment toolkit](#)
- [Environmental restraints planning flowchart](#)
- [Form A \(contact Delivery Support to access\)](#)

### I want to know what resources are available for non-teaching staff

- Information for:
- [Allied Health Professionals](#)
  - [Contractors](#)
  - [General Assistants](#)
  - [School Counsellors](#)
  - [School Administrative and Support Staff](#)
  - [School Learning and Support Officers](#)
  - [Student Support Officers](#)

### I want to understand prohibited practices and emergency use

- [Fact sheet: Prohibited practices](#)
- [Fact sheet: Using restrictive practices in an emergency or crisis](#)

### I want to understand the different categories of restrictive practices

- Fact sheets:
- [Chemical restraint](#)
  - [Environmental restraint](#)
  - [Mechanical restraint](#)
  - [Physical restraint](#)
  - [Seclusion](#)

### I need to plan and document the use of restrictive practices

- [Restrictive Practices Planning Procedures](#)
- [Fact sheet: Planning restrictive practices](#)
- [Fact sheet: Recording evidence of restrictive practices](#)
- [Restrictive practices planning checklist](#)
- [Restrictive practices planning and consent form](#)

### I need to consult with parents/carers

- [Parent/carer resources](#)
- [School Staff Support Toolkit – Using restrictive practices at school](#)
- [Parents/carers support toolkit – Using restrictive practices at school](#)
- [Fact sheet: Information for parents and carers](#)
- [Legal Services hotline](#)
- [Parent/carer complaints](#)
- [Fact sheet: Prescribing/recommending restrictive practices at school](#)

### I want to know how to report the use of inappropriate or prohibited practices

- [Fact sheet: Compliance and reporting](#)
- [Incident notification and response policy](#)
- [Professional and Ethical Standards Directorate Reporting Guide](#)
- [Complaints Handling Policy](#)

### I need to talk to a student about restrictive practices

- [Restrictive practices: Information for high school students](#)
- [Teacher resource: Using social narratives for restrictive practices](#)
- [Social narratives:](#)
  - [Different ways to keep safe \(mechanical restraint\)](#)
  - [Keeping myself safe \(physical restraint\)](#)
  - [Staying in my classroom \(environmental restraint\)](#)
  - [Taking medicine at school \(chemical restraint\)](#)
  - [Planning to keep me safe at school \(consent and consultation\)](#)
  - [Caring about my friend \(witnessing a restrictive practice\)](#)
  - [Keeping myself and others safe \(emergency or crisis use of restrictive practices\)](#)