

Student Wellbeing external programs catalogue

Four themes available



The Student Wellbeing external programs catalogue offers schools:

- ✓ over 60 quality assured programs: a growing resource with 4 themes: **behaviour, sense of belonging, resilience, and respectful relationships & consent education**
- ✓ confidence in choosing quality assured programs
- ✓ an easy-to-use, one-stop shop, reducing time spent on research and setting up procurement arrangements.

What is the Student Wellbeing external programs catalogue?

The catalogue is an online resource of external wellbeing programs, available either free of charge or to purchase.

All programs have been assessed against quality standards for their ability to provide proven, positive outcomes for students.

The catalogue supports the following four themes:

- Respectful Relationships & Consent Education
- Behaviour
- Sense of Belonging
- Resilience.

This is a living catalogue with programs added regularly. Included are also programs delivered in partnership between the NSW

Department of Education, government agencies, universities and mental health organisations and available to schools free of charge.

In 2024, over 150,000 NSW public school students and staff benefited from programs sourced through the catalogue.

Where do I find it?

The NSW Department of Education staff can access the Student Wellbeing external programs catalogue [on the department's intranet](#) as part of the Marketplace hub. If you use the site's search function to access the catalogue, remember to search staff only content.

A list of available programs and general information is also available [on the department's public website](#).

How does it work?

There are three simple steps involved:

- 1. Discover:** On opening the catalogue, you can filter by theme, year group or location, or search for free programs.
- 2. Select:** Detailed information on each program outlines what the program is, the students it's designed for, and where it is available:
 - year group and demographic
 - location and format of delivery
 - duration and cost.
- 3. Purchase through EdBuy:** pre-approval for procurement has been completed and registered through the department's EdBuy purchasing platform.

Benefits for schools

Growing positive wellbeing of students in schools can be supported through quality, evidence-based programs.

The catalogue removes the need for schools to:

- invest time in researching programs and providers
- assess the quality of the programs
- negotiate contracts and price.

Quality assurance process

The NSW Department of Education undertakes a rigorous process to source and assess student wellbeing programs developed and delivered by external providers.

Programs are submitted through an open tender process. Submissions that clearly explain the program, meet the quality assurance requirements and represent the best value for money have been included in the catalogue.

Submissions must demonstrate that the program:

- addresses an identified need

- adds value to the curriculum and aligns to policies and frameworks
- is evidence-based
- maintains consistency and quality
- is relevant and inclusive
- supports evaluation and ongoing improvement
- is competitively priced or free.

Subject matter experts assess program submissions against these criteria. The entire process from the preparation of the tender through to the auditing of the panellists' reports is undertaken under strict adherence to the NSW Procurement policy.

Additional wellbeing support

For **free department-developed programs and resources** for staff and students, browse the [Universal Resources Hub](#).

[A guide with a checklist](#) is available to support schools when making decisions about engaging external wellbeing programs that are not in the catalogue.

Further information

Please contact correspondence-wellbeingprojects@det.nsw.edu.au for specific information on the programs or the catalogue.