

Waxbarashada Ilaalinta Ilmaha

Macluumaadka loogu talaglay xannaaneeyayaasha iyo waalidiinta

Magaca dugsiga
Name of school

Fasalada ka qaybqaadanaya
Participating Year/s

Inta cashar ee toddobaadkii
Number of lessons per week

Qofka dugsiga lagala xiriiro
School contact person

Lambarka taleefanka ee xiriirka
Contact telephone number

Gacaliye Xannaaneeyayaal iyo Waalidiin

Sannadkan ardeyda ku jirta fasalada kore waxay ku lug yeelan doonaan maadada khasabka ah ee Horumarinta Shakhsiyeed, Waxbarashada Jirka iyo Caafimaadka (Personal Development, Health and Physical Education (PDHPE)).

Ka qayb ahaan barnaamijka PDHPE waxaa ku jira waxbarashada ilaalinta ilmaha ee khasabka ah. Qaar ka mid ah tasmada lagu dhigayo waxbarashada ilaalinta ilmaha waxay la xiriirtaa arimo xasaasi ah. Dugsiga ayaa bari doona tasmadaan hab da'da ku haboon.

Tasmada khaaska ah ee la dhigan doono waxbarashada ilaalinta ilmaha waxaa lagu muujiyey bogga ku xiga.

Wixii macluumaad dheeraad ah ee ku saabsan waxbarashada ilaalinta ilmaha aad [Child protection and respectful relationships education](#) (waxbarashada xiriirada xushmada badan iyo ilaalinta ilmaha) qaybta website ka PDHPE ee Wasaaradda Waxbarashada.

Inta cashar ee toddobaadkii ee teeramkan waxbarashada ilaalinta ilmaha la bari doono waxaa lagu muujiyey kor.

Haddii aad jeclaan lahayd macluumaad dheeraad ah, fadlan la xiriir qofka dugsiga lagala xiriiro ee magaca iyo lambarka taleefanka kor lagu muujiyey.

Adeega Turjumaanka Taleefanka

Haddii aad u baahan tahay turjumaan kaa caawiya la xiriirida dugsiga, fadlan ka wac Adeega Turjumaanka Taleefanka 13 14 50 oo turjumaan ku weydiiso luuqadaada. Xiriiriyaha ayaa wici doona dugsiga oo khadka soo gelin doona turjumaan kaa caawiya wada hadalka. Adeegan wax kharash ah laguguma dalici doono.

Mahadsanid

Maamule (Principal)

Tusmada lagu qaadan doono waxbarashada ilaalinta ilmaha waxaa ka mid ah:

The content which will be covered in child protection education includes:

(Staff to tick the relevant boxes below for Stage 4 content.)

Xiriirka xushmada badan iyo daryeelka

Caring and respectful relationships

Masuuliyadaha iyo xuquuqaha xiriirada kala duwan

Rights and responsibilities in different relationships

Waxyeelada iyo awooda

Abuse and power

Waxa laga aaminsan yahay Jinsiga

Gender stereotypes

Ku kalsoonaanta jawaabta jirkaaga ee xaaladaha aan amaanka ahayn iyo kuwa amaanka ah

Trusting your body's response to safe and unsafe situations

Saameynta qoyska, warbaahinta iyo jiilka awooda iyo xiriirada

Influence of family, media and peers on power and relationships

Sidii loo isticmaali lahaa caawimaada

How to access help

Shabakada taageerada

Support networks

Xoog u sheegashada iyo dhibitaanka, oo ay ku jiraan xoog u

sheegashada khaniisnimada iyo cunsuriyada

Bullying and harassment, including homophobic bullying and racism

Istaraatiijiyadaha is ilaalinta si aad amaan u ahaatid

Protective strategies to stay safe

Aqoonsiga iyo fahmida ka raali ahaanshaha xiriirada aadka laysugu dhow yahay

Acknowledging and understanding consent in intimate relationships