# What might the co-teaching cycle look like in your context?

1. Working with your team, reflect on the way that might use the co-teaching cycle when you have the opportunity to collaborate face-to-face. Identify times and/or classes or lessons that might offer the opportunity to work through each phase and record these in the middle column of the table.
2. Working with your team, think about how you might use digital tools to participate in each phase of the co-teaching cycle without having to be in the same physical space.

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| Co-Teaching Cycle | Description | Face to Face | Online |
| Co- plan | Co-teachers co-construct the lesson to be taught. |  |  |
| Co-teach | Co-teachers co-teach the lesson. |  |  |
| Co-debrief | Occurs as soon as the lesson ends. It is for short and concise reflection. |  |  |
| Co-reflect | Formal reflection time when teachers deconstruct the lesson, provide feedback and plan for future lessons. |  |  |