# German mealtimes explained

## Activity 1

Watch the YouTube video ['German mealtimes explained' (16:37)](https://www.youtube.com/watch?v=priL6SOcFHc&t=24s) up to 12:20 and then answer these questions in English.

**Questions:**

1. Describe a typical German breakfast during the week.
2. Describe a typical German breakfast on the weekend.
3. On a weekday, what time do Germans typically eat lunch?
4. How does this differ from what they traditionally did, and why?
5. What do Germans typically eat for lunch?
6. What time do Germans usually have dinner?
7. What do they usually eat for dinner?
8. Why do you think is it called *Abendbrot*?
9. What time do restaurants usually close in Germany?

## Activity 2

Now imagine you are a German person. Based on what you heard in the video about what Germans typically eat, fill in the table with the German word for what you eat and drink for breakfast, and what you eat for lunch and dinner. Then write a sentence in German to express this. An example is provided for breakfast:

|  |  |  |
| --- | --- | --- |
| Meal | Typical German food (in German) | German sentence |
| Breakfast | *Brot* | *Ich esse Brot.**Ich esse**Ich trinke* |
| Lunch |  | *Ich esse* |
| Dinner |  | *Ich esse*  |

**Differentiation examples**

**High potential and gifted students** – using the video as a stimulus, students make a similar short video with a partner. For this activity, one of the students pretends to be German and one is Australian (or from a culture of their choosing). Students create a 2-minute conversation describing typical mealtimes in Germany and their chosen culture.

**Advanced proficiency** – based on what they have heard in the video, students write a description of typical foods and drinks that are consumed in Germany and Australia for breakfast, lunch and dinner, to be published on a blog for students learning German. Students write in German.

**Students requiring additional support** – provide the YouTube link to students to be played at a slower speed that suits them. Provide a list of German words introduced in the video and students write English meanings. Students identify what Germans typically eat for breakfast, lunch and dinner only, and write a description of what they typically eat for breakfast, lunch, and dinner, in English and/or German.

## For the teacher

Remove this section before sharing this resource with students.

### Activity 1

1. People eat bread, cereal, coffee.
2. **It is typically family time and people eat later, usually 9:30 am to 10:00 am. People eat bread rolls (*Brötchen*), with toppings. There is a sausage platter, cheese platter, smoked fish and people have a boiled egg.**
3. They eat at **11:00 am.**
4. They eat at 12:30 pm.
5. They eat a warm meal as it is the biggest meal of the day.
6. They eat at 6:00 pm.
7. They eat *Abendbrot*, bread with spreads.
8. It is a light meal of bread (*Brot*) with toppings eaten in the evening (*Abend*).
9. They close between 9:00 pm and 10:00 pm.

### Activity 2

These are sample responses only. Other response may be possible.

|  |  |  |
| --- | --- | --- |
| Meal | Typical German food (in German) | German sentence |
| Breakfast | *Brot**Eier* | *Ich esse Brot.**Ich esse Eier.**Ich trinke Kaffee.* |
| Lunch | *Schnitzel**Kartoffelsalat* | *Ich esse Schnitzel und Kartoffelsalat.* |
| Dinner | *Brot**Schinken* | *Ich esse Brot und Schinken.* |

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