# Target Behaviour Goals

Name:

Date:

Review Date:

Current behaviour:

What does this behaviour lead to?

Target behaviour goal:

Strategies to achieve this:

\*\*Use these headings again to complete another goal but do not set more than two goals

# Target Behaviour Goals example

Name:

Date:

Review Date:

Current behaviour:

*Example: Inappropriate communication to peers during breaks, including swearing resulting in retaliation and aggression upon return to classroom.*

What does this behaviour lead to?

*Constantly stops class work and learning during lessons. Other students become agitated. Asked to remove himself from the immediate classroom space to just outside the door (visible to teacher or SLSO).*

Target behaviour goal:

*To use appropriate language within the classroom and during break times.*

Strategies to achieve this:

*For “student” to use appropriate language towards his peers, the following strategies will be employed:*

* *When student begins to swear, offer take-up time or choice of activities*
* *Remind student of the classroom code of conduct in a calm tone and manner*
* *Suggest alternatives for student to engage in during break time, such as listening to music*
* *Teach student a range of self-regulation strategies such as going for a walk, getting a drink, reading, listening to music, using a stress ball, meditation and breathing techniques.*

\*\*Use these headings again to complete another goal but do not set more than two goals