# Health and movement science Stage 6 – (Year 11) – sample scope and sequence (compressed curriculum)

This resource has been designed to support teachers by providing a range of tasks based on syllabus content and can be modified to suit individual school contexts and procedures as required.

## Outcomes

* interprets meanings, measures and patterns of health experienced by Australians **HM-11-01**
* analyses methods and resources to improve and advocate for the health of young Australians **HM-11-02**
* analyses the systems of the body in relation to movement **HM-11-03**
* investigates movement skills and psychology to improve participation and performance **HM-11-04**
* Collaboration: demonstrates strategies to positively interact with others to develop an understanding of health and movement concepts **HM-11-05**
* Analysis: analyses the relationships and implications of health and movement concepts **HM-11-06**
* Communication: communicates health and movement concepts to audiences and contexts, using a variety of modes **HM-11-07**
* Creative thinking: generates new ideas that are meaningful and relevant to health and movement contexts **HM-11-08**
* Problem-solving: proposes and evaluates solutions to health and movement issues **HM-11-09**
* Research: analyses a range of sources to make conclusions about health and movement concepts **HM-11-10**

**Teacher note:** this Year 11 Health and Movement Science scope and sequence is based off students having 8 hours of class time in a week for compressed curriculum. It has been created with a depth study integrated into each core which can occur at any given point. A depth study has been included in each core to cater to a wide range of interests that may be present among the student cohort.

## Health and movement science Stage 6 (Year 11) – sample scope and sequence

Table 1 – Health and movement science Stage 6 (Year 11) – sample scope and sequence (compressed curriculum)

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| Duration | Learning overview | Outcomes | Assessment |
| Term 4 Week 6 –Term 1 Week 2.550 hours | Health for individuals and communities – Core 1Integrated depth study | **HM-11-01, HM-11-02, HM-11-05, HM-11-06, HM-11-07, HM-11-08, HM-11-09, HM-11-10** | Task one: Sustainable Development Goals (SDG) – creating partnerships within the local community to solve current health issues for young people.Due: Term 4 Week 10Weighting: 30% |
| Term 1 Week 2.5–8.550 hours | The body and mind in motion – Core 2Integrated depth study | **HM-11-03, HM-11-04, HM-11-06, HM-11-07, HM-11-08, HM-11-09, HM-11-10** | Task 2: Formal examinationDue: Term 1 Week 6Weighting: 35% |
| Term 1Weeks 8.5–1020 hours | Collaborative investigation task | **HM-11-05, HM-11-06, HM-11-07, HM-11-08, HM-11-09, HM-11-10**Knowledge and understanding outcomes dependent on the core content selected | Task 3: Collaborative investigationDue: Term 1 Week 10Weighting 35% |

## References

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