

GOING DEEPER CRITICAL REFLECTION PACK

Toolbox One: Best Practice Principles of Supervision
in Outside School Hours Care

Topic: *The Relationship between Supervision and
Supporting Children's Behaviour*



Welcome!

This 'Going Deeper Critical Reflection Pack' provides links and questions for ongoing learning about the toolbox topic of:

The Relationship between Supervision and Supporting Children's Behaviour.

You can access articles related to this topic via the links in this pack and after reading use the provided questions to support your learning and deepen your knowledge.

This package can be used by individual educators or as a small group/team meeting experience.

There is space after the questions to record your thinking and reflection.

A Place to Begin

Article One:

Self-Regulation by Stuart Shanker.

This article provides an overview of the concept of self-regulation and includes four key practices to enhance self-regulation as well as the importance of self-regulation for child development.

Reference:

Shanker, S. (Date unknown). Self-Regulation.

Accessed From:

<https://www.ccyp.wa.gov.au/media/2090/self-regulation-by-dr-stuart-shanker.pdf>

Explore the ideas of the article further by responding to the questions below:

- What had the most impact on you from this article
- Stuart Shanker presents four key practices to enhance children's self-regulation. From these, what one would be most important to your thinking about children's behaviour and supervision?
- From reading about the importance of self-regulation, is there anything you would change or strengthen in relation to your supervision practices as a result of reflecting on the ideas in this article?
 - Write down what these changes would be.



A Space for your Reflection

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Go Deeper with your Reflection.

Use the questions below to provide a platform for further critical reflection. Questions like the ones provided can help you to further unpack the ideas that have surfaced as part of reading the article, discussing this article with colleagues, and documenting your reflective process.

Take a moment to yourself and answer the following question:

- How did my thoughts and ideas about the article compare or relate to the ideas of another person?

Next, brainstorm the thoughts about the articles and discussions you have had with a colleague. Write or draw out a response that supports your understanding. You may choose to write or draw this response in the space that has been provided below or you may choose to use your own reflection diary.

N.B Writing or drawing a response can support your understanding of new concepts and knowledge.



A Space for your Reflection

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“Reflective Teachers think carefully about what they are doing and saying or not saying in the daily interactions with children and question what children have or have not learnt from these interactions”.

Glenda McNaughton & Gillian Williams (2000) in:
Techniques for Teaching Young Children p. xi.



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