

# It's important our Jarjums continue to learn and grow

## We all want the best for our children.

We want to see them grow up as strong and healthy as they can be. The first years of their lives are really important to set them on this path. While families are children's first teachers, quality education and care services also play a key role.

## What will your children get out of preschool?

Early childhood education is a place where children make friends, develop independence, improve their cognitive skills and learn more about their world. High quality education and care in these first years lead to better health, education and employment outcomes all throughout children's lives.

## Getting your children settled back at preschool.

For some of our mob, we've had to keep our little ones at home due to COVID-19. It's important that they settle back into preschool as soon as you feel comfortable to take them again.

## To get Jarjums settled back into preschool:

- ✔ **Get in touch with your local preschool:** Call your local preschool to make sure they are open. Preschools will be ready and waiting for you whenever you are comfortable to take your Jarjums back.
- ✔ **Find out what fee help you can get:** Call your local preschool to discuss fee subsidies that your family may be entitled to.
- ✔ **Get back into a routine:** having a simple routine that the children can follow the few days before returning will help them get used to the pace of preschool before they go back. For example, waking up and eating breakfast at the same time as they would before preschool.

Remember, let's help protect our Jarjums and teach them about the importance of hand washing and good hygiene



## Contacting us

If you have any questions about returning your Jarjum to preschool, how to best support their at home learning experiences or any other related questions please contact us.

Phone / 1800 619 113

In response to COVID19, the Department of Education NSW has regularly updated information available on our website.

You can find this information at:

[education.nsw.gov.au/early-childhood-education/coronavirus](https://education.nsw.gov.au/early-childhood-education/coronavirus)

## Staying Strong and Safe

All services in NSW are doing the best they can to make sure they are regularly cleaned to keep your little ones safe. If you need any support during this time, use the below hotlines:

**Lifeline** 131 114

**Beyond Blue** 1300 224 636

**Kids Helpline** 1800 55 1800

**Headspace** 1800 650 890

**Parent Helpline** 1300 1300 52

**National Coronavirus Health**

**Information line** 1800 020 080

