

Mentally healthy workplaces FAQ

Question	Answer
What resources do you recommend for small, stand alone services?	<p>There are a range of workplace health and safety services and resources available for services of any size.</p> <p>A good starting point may be getting in touch with the Small Business Commission who provide resources on mental health for small businesses. You could also look at SafeWork NSW's free advisory visits and workshops, plus the resources on the BeYou website.</p>
Is there an EAP for the employees for the ECEC sector?	<p>You may already have access to Employee Assistance Program (EAP), as services engage EAP providers directly. The Australian Childcare Alliance also offers an EAP known as TELUS Health, which is available for ACA members and non-members.</p>
Is an employee responsible for declaring their current psychological health, given that the impact of workplace psychological hazards varies from person to person?	<p>Everyone has a role in workplace health and safety (WHS). According to Safe Work Australia, you have duties under WHS laws to keep people in the workplace safe if you're:</p> <ul style="list-style-type: none"> • a person conducting a business or undertaking (PCBU), such as an employer • an officer, such as a business owner or CEO • a worker or other person in the workplace. <p>While at work, workers must take reasonable care for their own health and safety, and that of others who may be affected by the worker's acts or omissions.</p> <p>To learn more, go to Duties under WHS laws Safe Work Australia</p>