# Health and movement science Stage 6 (Year 12) – scope and sequence

This resource has been designed to support teachers by providing a range of tasks based on syllabus content and can be modified to suit individual school contexts and procedures as required.

## Outcomes

* analyses the health status of Australians at a national and international level **HM-12-01**
* examines how technology and data can achieve better health for all Australians **HM-12-02**
* evaluates how the Sustainable Development Goals can be used to improve the health of a community **HM-12-03**
* investigates factors that impact movement and performance **HM-12-04**
* analyses individual and group training programs to improve performance **HM-12-05**
* Analysis: critically analyses the relationships and implications of health and movement concepts **HM-12-06**
* Communication: communicates health and movement concepts using modes appropriate to a range of audiences and contexts **HM-12-07**
* Creative thinking: generates and assesses new ideas that are meaningful and relevant to health and movement contexts **HM-12-08**
* Problem-solving: proposes and evaluates solutions to complex health and movement issues **HM-12-09**
* Research: analyses a range of sources to make conclusions and judgements about health and movement concepts **HM-12-10**

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## Health and movement science Stage 6 (Year 12) – sample scope and sequence

Table 1 – Health and movement science Stage 6 (Year 12) – scope and sequence

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| Duration | Learning overview | Outcomes | Assessment |
| Term 4  Weeks 1 – 10 | Training for improved performance | **HM-12-04, HM-12-05, HM-12-06, HM-12-07, HM-12-08, HM-12-09, HM-12-10** | Task 1 – Critical comparison between training for individual and group sports  Due – Term 4 Week 9  Weighting – 15% |
| Term 1  Weeks 1 – 3 | Training for improved performance | **HM-12-04, HM-12-05, HM-12-06, HM-12-07, HM-12-08, HM-12-09, HM-12-10** | Formative tasks, not formally assessable |
| Term 1  Weeks 4 – 7 | Training for improved performance  15-hour depth study | **HM-12-04, HM-12-05, HM-12-06, HM-12-07, HM-12-08, HM-12-09, HM-12-10** | Task 2 – Mandatory depth study – Training for improved performance  Due – Term 1 Week 7  Weighting – 20% |
| Term 1  Weeks 8 – 10 | Health in an Australian and global context | **HM-12-01, HM-12-02, HM-12-03, HM-12-06, HM-12-07, HM-12-08, HM-12-09, HM-12-10** | Formative tasks, not formally assessable |
| Term 2  Weeks 1 – 10 | Health in an Australian and global context | **HM-12-01, HM-12-02, HM-12-03, HM-12-06, HM-12-07, HM-12-08, HM-12-09, HM-12-10** | Task 3 – Technology, data and health inequities analysis  Due – Term 2 Week 8  Weighting – 35% |
| Term 3  Weeks 1 – 4 | Revision and examination period | **HM-12-01, HM-12-02, HM-12-03, HM-12-04, HM-12-05, HM-12-06, HM-12-07, HM-12-08, HM-12-09, HM-12-10** | Task 4 – Trial HSC examination  Due – Term 3  Weighting – 30% |
| Term 3  Weeks 5 – 8 | Health in an Australian and global context  15-hour depth study | **HM-12-01, HM-12-02, HM-12-03, HM-12-06, HM-12-07, HM-12-08, HM-12-09, HM-12-10** | Depth study, including formative tasks but not formally assessable |

## References

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