



Colour-in
Cover!

When a specialist visits



Reader Notes:

These stories have been designed to help students learn about school so they know what to expect and can learn positive ways to respond to new situations. As a teacher, parent or carer you can help a student by reading through the stories. You could point out how the student's school experience is different and similar to that in the story and come up with other positive ways to respond. We hope these stories can make students feel more confident, safe and accepted at school.

Sometimes I spend time with a Specialist when I'm at school. The Specialist might be a psychologist, speech pathologist, occupational therapist or another type.

Sometimes the Specialist works with me in my classroom, and sometimes they might pick me up from my classroom.



I might spend time with the specialist on different days or at different times.



Sometimes my teacher reminds me the specialist is coming.

Sometimes my teacher might not remind me and I might be surprised.



Sometimes I might feel a little upset when the specialist wants to take me out of my classroom.

I might be doing my favourite thing.

I might be surprised and not feel ready to leave my class.



When I'm feeling upset there are things I can do to feel better.

I can take slow deep breaths.

I can remind myself that I usually have fun with the specialist.

I can remind myself that I will be back in class after I've finished with the specialist.



When the specialist picks me up I can stop doing what I was working on.

I can say goodbye to my teacher or my friends if I'd like to.



Sometimes the specialist will spend time just with me.

Sometimes the specialist will spend time with me and with other students.



Sometimes the specialist will work with me in my classroom.

Sometimes the specialist will take me to another place.



When we are finished, the specialist will take me back to my class. If my class is somewhere else, like the library or oval, I might be taken there.

Sometimes I might join my class for lunchtime or morning snack or it might be time to go home.



When I join my class, I can listen to my teachers and go back to what the class is doing.

Spending time with the specialist can be fun!



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