**Transcript: What will change at high school and what will stay the same**

[Music]

My next big life milestone is coming fast.

Soon I will be starting at high school.

Some of these high school students may look big and a bit scary.

I feel excited about starting Year 7 but I may be a bit nervous too.

It helps me to feel less worried when I remember that school is school, yeah?

When I think about it, I figure high school will be the same in lots of ways to primary school.

In primary school, I needed to be up and ready before 9 o'clock.

I needed to wear my school uniform and take a bag with lunch and lunch money, school books and school diary.

In high school, I might need to be up ready and early too, and I may need to wear a uniform for high school.

That's school for you.

I need to pack similar things for high school like my lunch and my books.

I'm older now so I can be more responsible and remember which days I need to pack my homework and sports uniform.

Some students might walk, take the bus or ride a bike to school or their parents might drop them off.

They might be able to catch the bus or walk or ride to school with others going to high school.

If catching the bus, you will need to get to the bus stop.

If you're not feeling confident about finding the bus stop, you can practice the walk with a parent or friend so you feel ready to do it by yourself.

If you feel anxious you could call your parents.

At primary school we had a hook or pigeonholes to keep our bags.

We kept our books inside the classroom and went to our bags to get snacks and lunch

In high school, I might keep my bag in a locker or a peg, or I might take my bag to class with me.

If I have a locker I will probably have a combination lock or key to keep my belongings safe.

I don’t have to worry if I have any trouble getting into my locker because my teachers will be able to help me.

At school, there are lots of other teenagers.

In primary school, I had some close friends in my class

and I knew lots of other students in the playground.

Some of my close friends will be coming to my new high school but others are going to a different school.

I will miss them but I'm looking forward to making new friends at high school.

there might be lots more students at my high school.

The students in the higher classes will be older and mostly taller than me.

There may be lots more faces that I don't know and it might be louder sometimes and I might feel a little overwhelmed.

If that happens, I can take some slow and deep breaths or find quieter parts of the classroom or school grounds.

I can also remind myself that I'm probably not the only one who feels like this.

Over time I will get to know more of those faces and I never know which of those new faces may one day become a good friend.

All schools have classrooms for students to learn and study in.

At primary school, students often have one main classroom for their grade.

I like my Year 6 classroom.

Our teacher put our artwork on the windows and walls.

I am looking forward to seeing all my new classrooms in high school, especially the science room which I've heard has really cool equipment.

My high school might be much bigger than my primary school was and I may not stay in the one classroom.

Different classes might be in different rooms or buildings.

It might take a little while to note where all of my classes are.

I can ask for a school map and mark my classes on it so I know where to go. And mark where the canteen is. I definitely want to know how to find the canteen.

Lots of students can feel little anxious about finding their way around.

When this happens, I can ask for help.

After all, everyone was a new student at my high school at some point so they'll know how I feel.

Schools and teachers go together.

At primary school, I had one main teacher who took our class for most of the day except when we did subjects like PE and library.

At high school, I will still have teachers.

In fact, I may have more teachers than I had at primary school.

I may have one main homeroom teacher but different teachers may take my lessons for different subjects.

That means I might have a funny teacher for one lesson, a quiet teacher for another

lesson and a loud teacher for another class.

It might take me a little bit of time getting used to different teachers and the way they teach

and the way they like their classes to behave.

That's okay. More teachers will mean more people I can go to if I need help and it can be really interesting getting to know different people.

There's plenty of time to get to know my new teachers and they're getting to know me too.

I'm looking forward to meeting my new teachers.

Lots of students in primary school do homework at some point.

This might be the same in high school.

I may still need to complete homework and remember to return it on the correct day.

In high school, there might be more homework than previously.

I can learn to manage that homework by breaking it down into manageable amounts and working on it steadily after school each day.

If I'm finding being organised is difficult, I can ask my parent or a caregiver or teacher for help with planning my homework.

If I am finding my homework is too difficult for me to complete without help I can let my teacher know. They might save the tricky stuff for school time when they can help and give me other work for at home.

When you start high school, it's good to remember what you already know about going to school.

Some things you did in primary school will be very similar to what happens in high school and some things will be new and different.