

# Create safe and predictable environments



Provide clear routines and structures



Consider how trauma may impact learning or behaviour



Provide students with culturally safe spaces, people or strategies



Increase support during times of stress



Identify and respond to possible triggers



Plan transitions in a trauma sensitive way to reduce disruptions for students

\*Note: some students may be distressed or uncomfortable with physical touch. Always talk to the student and their family about what kinds of prompts/communication they feel are most suited to their individual needs.

