



Travel Tips



General

Getting to Parramatta State Office, 105 Phillip St, Parramatta NSW 2150:

- Organise transport to 105 Phillip St, Parramatta prior to your departure
- Use TripView to plan your journey via public transport
- The nearest train station is <u>Parramatta Train Station</u> which is approximately a 7 minute walk to the Parramatta State Office
- The nearest bus stop is at Smith St after Phillip St
- All day parking in Parramatta is limited. You are able to use <u>Parking Finder</u> to view locations and costs but we suggest utilising this option as a last resort.

Arrive at 105 Phillip St, Parramatta NSW 2150 no later than 7:30am for an 8:00am departure.



Luggage

Ensure your personal luggage and any carry-on bags are correctly labelled with your full name, mobile number and address.

As a general rule, luggage should not weigh more than 25kg and should not exceed the total linear dimension (length + width + height) of 140cm.

Your larger bag will likely be stored under the bus/coach. Ensure you pack a smaller bag or backpack with essentials such as water, personal handheld devices and medications to ensure easy access on the bus trip.



Review the itinerary

Familiarise yourself with the itinerary.



Stay sun safe

Wear a hat, sunglasses, and sunscreen with a high SPF to protect yourself from harmful UV rays.



Stay hydrated

Temperatures can reach up to 30 degrees during September in regional/rural areas. Carry a water bottle with you at all times.



Have money on hand

Some rural areas have limited banking facilities. While the trip is expenses-paid, we recommend carrying a small amount of cash for incidentals or in case of emergencies.



Be punctual

Ensure you're on time, or early, for scheduled activities and departures to make the most of the planned school visits and activities.



Stay safe

Pay attention to safety briefings and instructions provided by the NSW Department of Education staff or tour guides.





Travel Tips



Compile a list of emergency contacts

Be aware of the Australian emergency service number (000) and save emergency contacts in your phone, including department staff and other participants so you can reach out if needed.



Connect with fellow students and teachers

Use this opportunity to meet and connect with others on the trip. You may find that you create lasting connections which can lead to future employment opportunities or a support network that you can reach out to.



Respect wildlife and nature

Follow the guidelines provided by park authorities to protect the environment and wildlife. Respect and support conservation efforts.



Packing

Ensure you pack appropriately for the activities on the itinerary, see the packing list for a more comprehensive guide to packing for the trip.



Keep a travel journal

Consider documenting your experiences, thoughts, and emotions in a travel journal. It will serve as a cherished keepsake of your journey.



Celebrate diversity

Appreciate and respect the diverse backgrounds and perspectives in the communities and use this opportunity to learn from one another.



Bring an open mind

Be open to trying new things and experiencing the beauty of regional, rural and remote NSW in ways you might not have considered before.



Share your experience back home

After the trip, share your experiences with your university community, friends, and family. It can inspire others to explore and learn what lies 'Beyond the Line'.

